



Upper Valley Lake Sunapee
Regional Planning Commission
presents:

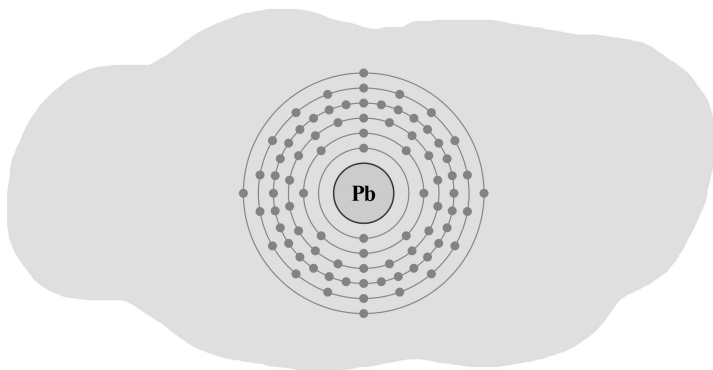
LEAD PAINT ALERT!



Is **YOUR** home hiding a
dangerous toxic threat...?

Comics by Marek Bennett

www.MarekBennett.com/lead



Lead Paint Alert!

www.MarekBennett.com/lead

Comics by:

Marek Bennett / COMICS WORKSHOP

www.MarekBennett.com

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Project Host: Upper Valley Lake Sunapee
Regional Planning Commission www.uvlsrc.org

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Special thanks to Vickie, Paul, & Alice.

Lead atom diagram from Wikimedia Commons:
commons.wikimedia.org/wiki/File:Electron_shell_082_Lead_-_no_label.svg

What's the deal with **LEAD PAINT?**

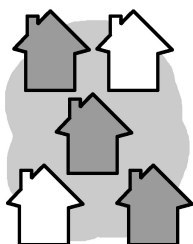


Lead is a **highly toxic material** that can damage every organ system in your body.

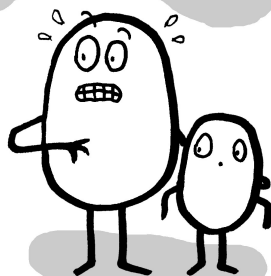
Until the year 1978, people put lead in all kinds of paints... and then they spread it all over their houses & furniture!



Any coat of paint applied before 1978 probably contains **significant amounts of lead.**



In New Hampshire, **3 in every 5 houses** may contain **serious lead risks**... Is **YOUR** house one of them?



Lead PAINT = Lead POISON

As lead paint grows old, it crumbles apart...

It forms clouds of invisible toxic lead dust...

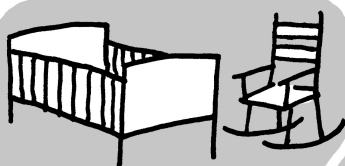
Lead paint chips can pollute the soil & water...


...and our food, too!

(that you might accidentally breathe)



Other sources of LEAD EXPOSURE in the home:



OLD FURNITURE
containing lead paint



JEWELRY



JOB'S &
HOBBIES
involving lead
or lead paint



Old PIPES



TOYS containing
lead paint & parts



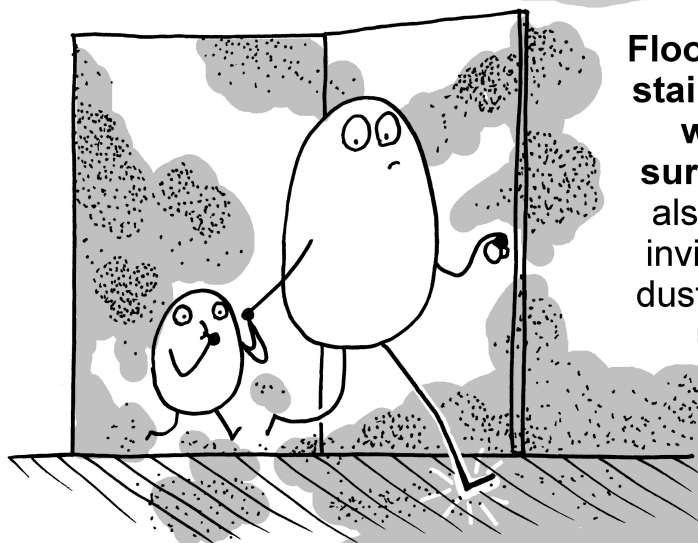
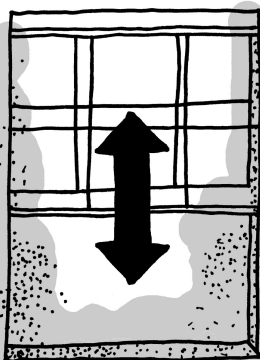
Certain CANDIES,
REMEDIES, & SPICES
imported from countries
w/ lower lead standards



ANY AMOUNT of lead is TOXIC...
There is NO SAFE LEVEL of exposure.

FRICTION & WEAR release lead dust:

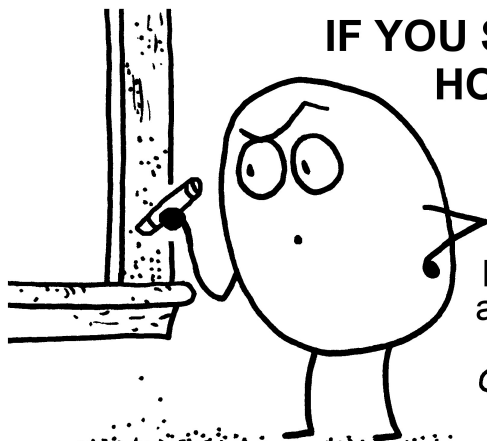
Simply opening & closing lead-painted windows & doors can launch toxic lead dust into the air...



Floors, decks, stairs, & other wearing surfaces can also release invisible lead dust with daily usage.

IF YOU SUSPECT YOUR HOUSE CONTAINS LEAD PAINT:

**Find out for sure!
Inspect & test all
painted surfaces with
a home lead test kit.**



GOT LEAD?

Keep Away from it!

Any amount of exposure to lead is dangerous.
There is NO SAFE DOSE.

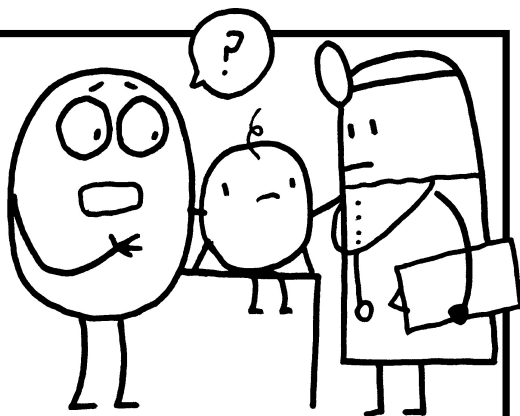
CAUTION LEAD HAZARD

As much as possible,
KEEP AWAY from the lead
while you take steps to fix the problem.



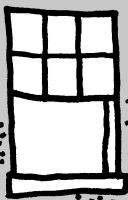
**All children
under age 6 &
pregnant women
should carefully
avoid any spaces
& materials
containing lead!**

Visit your doctor to
get your **BLOOD
LEAD LEVELS**
tested. This quick
test can tell you
whether you &
your family need
medical attention
for lead poisoning.



Ask your doctor about local lead laws & resources. The state of New Hampshire mandates all children have blood lead level testing done at ages 1 and 2.

Why is **LEAD** so **DANGEROUS** to kids?

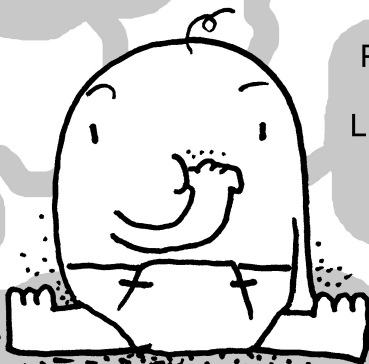


LEAD PAINT is often found within reach of young hands & mouths.

Nursing moms can pass their own **LEAD LEVELS** to infants!



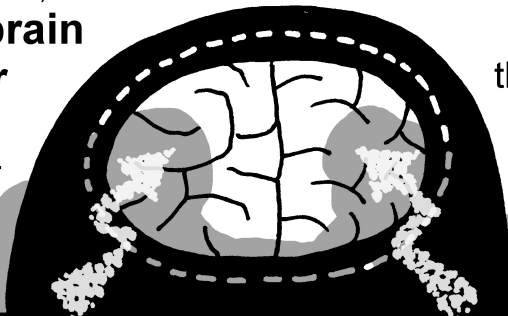
Paint **DUST** & **CHIPS** settle onto floors & play surfaces.



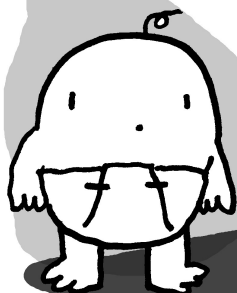
Parents can bring **WORKPLACE LEAD EXPOSURE** into the home on their **BODIES & CLOTHING**.



Before age 6, a child's **blood-brain barrier** is still forming...



Any **LEAD** that enters the blood will find its way directly into the **BRAIN**!

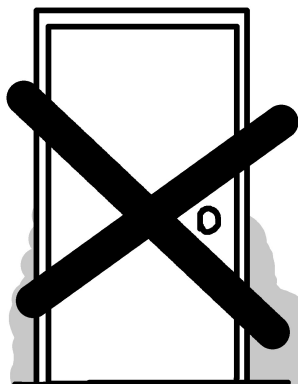
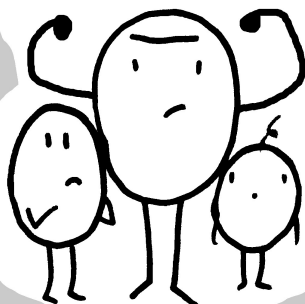


Childhood lead exposure can cause **PERMANENT BRAIN DAMAGE**, with lifelong effects on health & wellbeing.

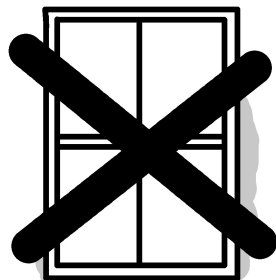
Get your **BLOOD LEAD LEVELS** tested to find out if your child is at risk!

TAKE ACTION to MINIMIZE Lead Exposure:

Moving or fixing up a lead-contaminated home may take some time -- MEANWHILE, here are some simple actions to protect your family:

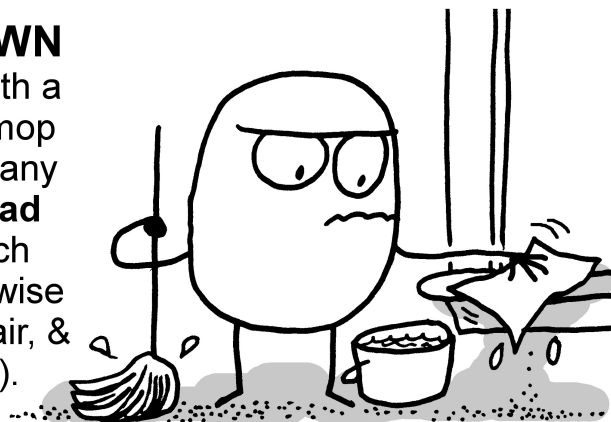


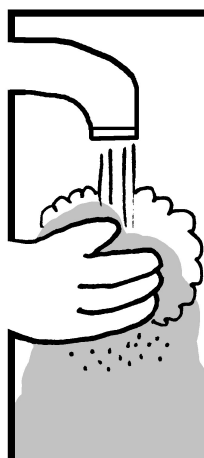
To reduce lead dust in the air,
**AVOID
OPENING &
CLOSING
any doors,
windows
painted with
lead.**



WIPE DOWN

surfaces with a wet rag or mop to clean up any **leftover lead dust** (which would otherwise get into the air, & our lungs).



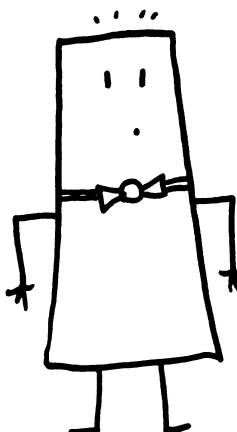


**WASH
HANDS
often**

to remove
lead dust,
especially
before
meals &
bedtime.

WIPE & REMOVE

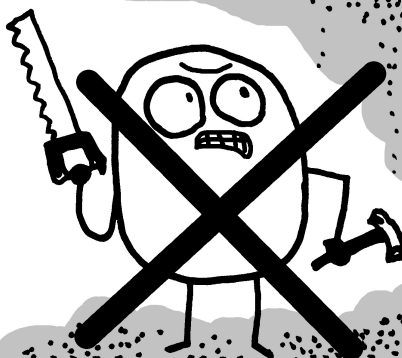
shoes & work gear
before you enter your
home, to avoid bringing
in any more
lead dust.



**DO talk to your
landlord or
homeowner
about your
concerns.**

*There are many programs
to help homeowners fix
their lead paint issues.*

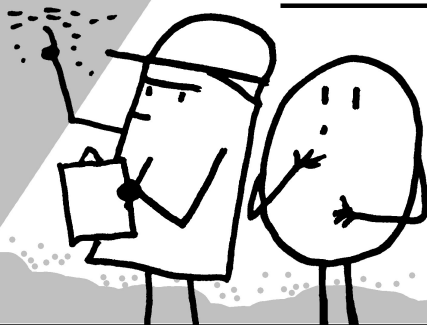
**DO NOT try to
remove the lead
paint without
proper training --**
You may only make
the problem worse,
and increase your
family's exposure!



Fix your lead problem **PERMANENTLY** with **LEAD ABATEMENT:**

GET A LEAD INSPECTION & LEAD RISK ASSESSMENT

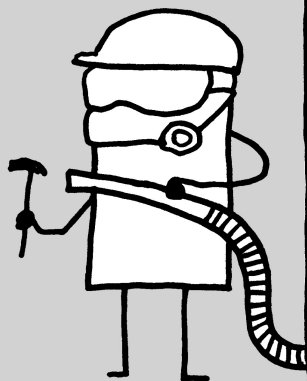
done for your home.



Only a qualified professional can identify all lead risks, & help you make plans to address the situation.

HIRE A LEAD-SAFE CERTIFIED RENOVATION CONTRACTOR

to permanently eliminate your lead paint hazards. This process is called **LEAD ABATEMENT**, and requires professional training to do safely.



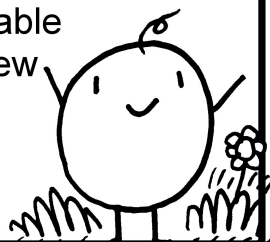
MORE @: epa.gov/lead/lead-abatement-inspection-and-risk-assessment

FUNDING, TRAINING, & ASSISTANCE are available

for **lead abatement** in New Hampshire homes!

To learn more, see:

nhhfa.org/lead



If your home is
CONTAMINATED
with LEAD PAINT...

You are not alone!

**HELP is
AVAILABLE!**



Start with these resources:

**New Hampshire Housing Finance
Authority: "Lead & Healthy Homes"**
= Rental assistance for landlords &
property owners. www.nhhfa.org/lead

Lead Free Kids NH =
Information & assistance for
families! www.leadfreekidsnh.org

**NH Dept. of Health & Human
Services: "Healthy Homes and
Lead Poisoning Prevention
Program (HHLPPP)"** = Current
lead abatement grant programs &
other useful resources.
www.dhhs.nh.gov/dphs/bchs/clpp



Let's make all our homes
LEAD-FREE!



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